



Calculations Based on Number of Clients Served

Let's use this guide to determine how many items may be needed from each food group.

Directions:

Add the number of people served by your pantry each month in the first box.

Type a number to represent the number of food items to give a client in the range under each food group in column labeled # of items. Hit enter or leave the box.

The last column will calculate your total number of items for each category that are needed.

		# of items	Total # of items needed in a month
# of people served a month:	Vegetables		
		3-6	
	Fruit		
		2-5	
	Protein (Mix and match)		
	Meat		
		1-2	
	Non-meat		
		4-6	
	Grains		
		2-3	
		Dairy	
		1-2	
		Meals	
		1-2	
		Pantry Staples	
		1-2	
		Snacks	
		1-2	

**These range's are based on a
1-2 person household.*