

Budgeting based on Projected Shared Maintenance Cost



Directions: Put your pantry's estimated number of individuals served for a month in the top box and hit enter. This worksheet will show you the estimated pounds of food needed along with your shared maintenance cost if you are purchasing food through the Lowcountry Food Bank. This can help you as plan your monthly budget.

Number of individuals served each month:

	Pounds Per Person	Pounds needed based on # of individuals served by the pantry	Projected shared maintenance cost
Vegetables	2.81 lbs		
Fruit	2.81 lbs		
Meat	0.5 lbs		
Non-meat	1.41 lbs		
Grains	1.5 lbs		
Dairy	6.00 lbs		
Meals	0.94 lbs		
Pantry Staples	0.94 lbs		
Snacks	0.94 lbs		

**Protein
Mix &
Match**